



MEDIA RELEASE

Thye Hua Kwan Moral Charities Celebrates National Day with Seniors at Four Active Ageing Centres

Tuesday, 8 August 2023 – This year, Thye Hua Kwan Moral Charities (**THKMC**) invited seniors, volunteers and its community partners to celebrate National Day at four **THK** Active Ageing Centres (Cassia, Bedok, Bukit Merah View and MacPherson). As part of the National Day celebrations, the four AACs will organise lunch/dinner, booths showcasing our beneficiaries' artwork, mini games, goodie bag distribution and interaction opportunities with the seniors. Since the pandemic, this is the first time that **THKMC** has organised multiple physical National Day celebrations island-wide.

On 14 August 2023, Deputy Prime Minister Heng Swee Keat will grace the event at **THK** AAC @ Bedok. At the event, DPM Heng, along with Centre for Seniors (CFS), will officially launch the Microjobs Programme for Seniors. This programme was initiated to empower seniors to help other seniors, provide opportunities to earn stipends as they complete the tasks, and encourage seniors to stay connected and socially active within the community.

THKMC is privileged to be the first partner of CFS for the Microjobs Programme. In January 2023, it piloted the programme with three seniors at **THK** AAC @ Bedok, who were assigned to do meal deliveries and medicine reminders to 15 seniors. To date, our seniors have completed over 22,000 job tasks across 11 AACs. There are plans to include additional tasks such as activities to be led by seniors, medical escort, transport and more. CFS also plans to expand this programme to more service providers nationwide.

Mdm Goh, a pioneer in the programme, shared that she actively engages the community through the microjobs programme. She helps ensure seniors receive their meals and medicine reminders, and takes these opportunities as a form of exercise for her as well. Since Mdm Goh participated in the microjobs, she has had restful sleep and wakes up feeling more refreshed and energised than before.

Mr Jason Lee, **THKMC**'s Chief Executive Officer said, "As we celebrate Singapore's 58th birthday, we are happy to bring together our seniors and community partners to look forward to future opportunities. This is in line with the National Day theme "Onward as One", highlighting the importance of unity and inclusivity for all.

As we move to a super aged society, we would like to create more opportunities for our seniors to stay active and healthy, as well as support other seniors who may need help. We have many seniors in our active ageing centres who are passionate in volunteering and serving others. The activities give them a sense of purpose in their silver years."

National Day Event Details

THK AAC @ Cassia

Date	11 August 2023 (Friday)
Time	6:30pm to 8:30pm
Location	Blk 52 Cassia Crescent #01-155 Singapore 390052
Guest-of-Honour	Mr Lim Biow Chuan Advisor to Mountbatten GROs

THK AAC @ Bedok

Date	14 August 2023 (Monday)
Time	9:30am to 12:00pm
Location	Multi-purpose pavilion in the neighbourhood fitness park 15A Bedok South Road Singapore 460015
Guest-of-Honour	DPM Heng Swee Keat Coordinating Minister for Economic Policies and Advisor to East Coast GRC

THK AAC @ Bukit Merah View

Date	25 August 2023 (Friday)
Time	11:00am to 1:00pm
Location	Blk 118 Bukit Merah View Multi-purpose Hall (Ground Level) Singapore 150118
Guest-of-Honour	Ms Joan Pereira Advisor to Tanjong Pagar GRC (Henderson-Dawson)

THK AAC @ MacPherson

Date	31 August 2023 (Thursday)
Time	9:00am to 11:00am
Location	Blk 90 Pipit Road Singapore 370090
Guest-of-Honour	Ms Tin Pei Ling Advisor to MacPherson SMC

Media Invite

Press and media are cordially invited to **THK AAC @ Bedok's National Day Celebration** on 14 August 2023. Please RSVP to Corp Comms at corpcomms@thkmc.org.sg by 10 August 2023 to register your attendance.

About Thye Hua Kwan Moral Charities (THKMC)

THKMC was incorporated on 13 October 2011 as a charity to provide multiple social and welfare services to the community at large, and achieved an Institute of Public Character (IPC) status on 18 November 2011. **THKMC** is the charitable arm of Thye Hua Kwan Moral Society, which lives by the mission – To Serve Mankind – to help anyone who needs help regardless of their race, religion, colour, language, creed and culture. **THKMC** today serves more than 55,000 beneficiaries through more than 70 programmes across five Services, which include Disability, Early Intervention for Children, Family, Seniors' Community, and Therapy.

太和观慈善机构简介

太和观慈善机构成立于 2011 年 10 月 13 日，为广大社区提供多种社会和福利服务的慈善机构；并于 2011 年 11 月 18 日获得公益机构 (IPC) 地位。**太和观慈善机构**是德教太和观旗下的实体慈善企业之一，忠于以“为人民服务”为使命——在不分种族、宗教、肤色、语言、信仰和文化的条件下，为人民服务。如今，**太和观慈善机构**通过五大服务部门，其中包括残疾、幼儿早期介入、家庭、乐龄社区、和治疗护理，提供 70 多个项目和活动为超过 55,000 名受益人提供服务。

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